

FEBRUARY 2026 MENU

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Hashbrown Ham Casserole, Spring Salad, Strawberries, Breadstick, Angel Food Cake Milk</p>	<p>3</p> <p>Cheeseburger on a Bun, Lettuce, Tomato, Onion, Baked Beans, O'Brien Hashbrowns Pineapples Milk</p>	<p>4</p> <p>Pinto Beans w/ Ham, Spinach, Cornbread, Creamsicle Pie Milk</p>	<p>5</p> <p>Spaghetti with Meat Sauce, Italian Mixed Vegetables, Tossed Salad, Brownie Muffin Milk</p>	<p>6</p> <p>Pork Loin w/ Gravy, Mashed Potatoes, Mixed Vegetables, Wheat Bread, Apple Cake Milk</p>
<p>9</p> <p>Smothered Pork Cutlet, Sweet Potatoes, Broccoli, Roll, Peach Cobbler Milk</p>	<p>10</p> <p>Taco Soup, Tortilla Chips, Salsa, Lettuce Salad, Strawberries & Bananas Milk</p>	<p>11</p> <p>Cheesy Chicken & Potato Casserole, Brussels Sprouts, Dinner Roll, Hot Applesauce with Cinnamon Milk</p>	<p>12</p> <p>Meatballs with Gravy, Carrots, Mashed Potatoes, Wheat Bread, Fruit Cocktail Milk</p>	<p>13</p> <p>Pizza with Meat, Garden Salad with Low Fat Dressing, Strawberries with Angel Food Cake Milk</p>
<p>16</p> <p></p>	<p>17</p> <p>Chicken Strips, Cauliflower & Cheese Sauce, Peas & Carrots, Cookie Milk</p>	<p>18</p> <p>Meatloaf, Mashed Potatoes, Green Beans, Wheat Bread, Banana Milk</p>	<p>19</p> <p>Creamy Chicken Spaghetti, Green Peas, Capri Blend, Breadstick, Cake with Icing Milk</p>	<p>20</p> <p>Sliced Ham, Black-Eyed Peas, Greens, Cornbread, CranApple Dessert with Cool Whip Milk</p>
<p>23</p> <p>Cheeseburger on a Bun, Lettuce, Tomato, Onion, Tater Tots, Baked Beans, Pineapples Milk</p>	<p>24</p> <p>Sliced Turkey with Gravy, Sweet Potatoes, Buttered Corn, Roll, Apple Crisp Milk</p>	<p>25</p> <p>Hashbrown Ham Casserole, Tossed Salad, Strawberries, Breadstick, Angel Food Cake Milk</p>	<p>26</p> <p>Pinto Beans w/ Ham, Spinach, Cornbread, Lemonade Pie Milk</p>	<p>27</p> <p>Spaghetti with Meat Sauce, Italian Mixed Vegetables, Tossed Salad, Brownie Muffin Milk</p>
<p></p>			<p>Waychoff Senior Center 320 Trailwood Drive Heber Springs, AR 72543</p> <p>Open: Mon-Fri 7 AM-3PM Lunch Served Daily 12 PM</p>	<p>Suggested Contribution for Members: \$4 Cost for Guests: \$7</p> <p>For Transportation Call: (501) 362-2413</p>