

APRIL 2026 MENU

Page 04

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Waychoff Senior Center 320 Trailwood Drive Heber Springs, AR 72543</p> <p>Open: Mon-Fri 7 AM-3PM Lunch Served Daily 12 PM</p>	<p>Suggested Contribution for Members: \$4 Cost for Guests: \$7</p> <p>For Transportation Call: (501) 362-2413</p>	<p>1</p> <p>Chicken & Dumplings, Carrots, Green Peas, 5-Cup Salad Milk</p>	<p>2</p> <p>Sloppy Joes on a Bun, Baked Beans, Coleslaw, Hot Applesauce Milk</p>	<p>3</p> <p>Baked Ham, Sweet Potatoes, Green Beans, Wheat Roll, Fruited Jell-O Milk</p>
<p>6</p> <p>Breaded Pork Cutlet, Mashed Potatoes, Squash Medley, Banana Pudding Milk</p>	<p>7</p> <p>Pinto Beans w/ Ham, Stewed Tomatoes, Cabbage, Cornbread Strawberries w/ Angel Food Cake Milk</p>	<p>8</p> <p>Meatloaf, Fried Okra, Roasted Potatoes, Peaches Milk</p>	<p>9</p> <p>Chicken Strips, Macaroni & Cheese, Green Peas, Tropical Fruit Milk</p>	<p>10</p> <p>Pepper Steak over Rice, Green Beans, Carrots, Autumn Delight Milk</p>
<p>13</p> <p>Pizza w/ Meat, Tossed Salad, Strawberries w/ Angel Food Cake Milk</p>	<p>14</p> <p>White Beans w/ Ham, Mixed Greens, Vinaigrette Tomatoes, Cornbread, Cherry Cobbler Milk</p>	<p>15</p> <p>Fried Fish, Coleslaw, Pinto Beans, Hushpuppies, Fruit Cocktail Milk</p>	<p>16</p> <p>Herb Chicken, Salad, Cali. Vegetable Blend, Garlic Bread, Peaches Milk</p>	<p>17</p> <p>Hamburger on Bun, Lettuce, Tomato, Onion, Tater Tots, Triple Orange Salad Milk</p>
<p>20</p> <p>Chili & Beans w/ Corn Chips, Shredded Cheese, Coleslaw, Emerald Pears Milk</p>	<p>21</p> <p>Sweet & Sour Chicken, White Rice, Asian Vegetable Blend, Mandarin Oranges, Cookie Milk</p>	<p>22</p> <p>Beef Tips w/ Gravy, Mashed Potatoes, Zesty Squash, Roll, Strawberries Milk</p>	<p>23</p> <p>Oven Fried Chicken, Au Gratin Potatoes, Spinach, Pineapple Pie Milk</p>	<p>24</p> <p>Ham & Cheese Sandwich, Lettuce, Tomato, Onion, Broccoli & Cauliflower Salad, Honey Bun Cake Milk</p>
<p>27</p> <p>Chicken Fajitas, Mexican Rice, Mexicali Corn, Flour Tortilla, Pineapples Milk</p>	<p>28</p> <p>Chopped Steak w/ Gravy, Mashed Potatoes, Peas & Carrots, Bread, Pears Milk</p>	<p>29</p> <p>Cheesy Salsa Chicken, Yellow Squash, Steamed Broccoli, Banana Cake w/ Glaze Milk</p>	<p>30</p> <p>Corn & Tomato Chowder, Turkey Slider, Spring Salad w/ Dressing, Tropical Fruit Milk</p>	