



MAY 2026 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Waychoff Senior Center 320 Trailwood Drive Heber Springs, AR 72543</p> <p>Open: Mon-Fri 7 AM-3PM Lunch Served Daily 12 PM</p>	<p>Suggested Contribution for Members: \$4 Cost for Guests: \$7</p> <p>For Transportation Call: (501) 362-2413</p>			<p>1 BBQ Pork on a Bun, Baked Beans, Coleslaw, Hot Applesauce Milk</p>
<p>4 Breaded Chicken Strips, Macaroni & Cheese, Green Peas, Tropical Fruit Milk</p>	<p>5 Pinto Beans w/ Ham, Stewed Tomatoes, Cabbage, Cornbread Strawberries Milk</p>	<p>6 Pepper Steak over Rice, Green Beans, Carrots, Autumn Delight Milk</p>	<p>7 Meatloaf, Fried Okra, Scalloped Potatoes, Peaches Milk</p>	<p>8 Breaded Pork Cutlet w/ Gravy, Mashed Potatoes, Squash Medley, Banana Pudding Milk</p>
<p>11 Pizza w/ Meat, Tossed Salad, Strawberries w/ Angel Food Cake Milk</p>	<p>12 White Beans w/ Ham, Mixed Greens, Stewed Tomatoes, Cornbread, Cherry Dump Cake Milk</p>	<p>13 Chicken & Dumplings, Carrots, Green Peas, 5-Cup Salad Milk</p>	<p>14 Hamburger on a Bun, Lettuce, Tomato, Onion Potato Salad, Triple Orange Salad Milk</p>	<p>15 Chicken Salad on Lettuce, Vegetable Collage, Crackers, Vanilla Ice Cream Milk</p>
<p>18 Beef Tips w/ Gravy, White Rice, Squash Medley, Yeast Roll, Strawberries Milk</p>	<p>19 Lunch Provided by <u>GENTIVA</u> and <u>THE SPRINGS</u></p>	<p>20 Country Fried Steak w/ Gravy, Mashed Potatoes, Cali Vegetable Blend, Rainbow Sherbet Milk</p>	<p>21 Oven Fried Chicken, Au Gratin Potatoes, Spinach, Pineapples Milk</p>	<p>22 Ham & Cheese Sandwich, Broccoli & Cauliflower Salad, Peaches, Poke Cake Milk</p>
<p>25</p> 	<p>26 Mexican Chicken, Southwestern Corn, Zucchini, Cookie Milk</p>	<p>27 Hashbrown Ham Casserole, Tossed Salad, Breadstick, Strawberries w/ Cake Milk</p>	<p>28 Chopped Steak with Gravy, Mashed Potatoes, Peas & Carrots, Bread, Fruit Milk</p>	<p>29 Broccoli & Cheese Soup, Ham Slider, Spring Salad, Tropical Fruit Milk</p>